

PO TE FOLAHA 2008

Fakamanatu in Suva, Fiji

Saturday 3rd January 2008 – Fale o Satini Manuella

Polokalame

10.00 am Taulau o matakaiga katoa e tau o maopopo. Te kaiga e sala e fakasausau ne latou a tino ite kaiga ite tutonu (Takitaki ne Fakavae Taomia)

10.15 am Fakatoka ki tahaoga – Fakamainaga o tahaoga

10.30 am Tahaoga i tua Lolua mo Haumaefa (Laupula mo Epu)

❖ Polo sipuni fuamoa

1. Team tamaliki, fafine mo tagata

❖ Futi lopu

1. Team tamaliki, fafine mo tagata

❖ Haele Kaukini

1. Team Tamaliki, fafine mo tagata

❖ Ano/Volly (modify)

1. Katoa

12.00 pm Oti tahaoga fakatoka mo te tutonu

12.30 pm Asi meakai (Eliuta Pepeuga mo Hauma Tautunu) tino e sala kave igoa kia Malie

❖ Hele tahi

1. Niu valu ia me ne niu sali
2. Mea inu – Vai
3. Paleni saoloto
4. Mo ika OR Moa (Not Both)

5. Rice OR Talo (Not Both)

- 01.00 pm** Kaiga ite tutonu
- 02.00 pm** Oti Kaiga
- 02.15 pm** Lauga – Takitahi lauga mai Matalaiga. Kaiga heai he lauga e Sala kite polo ice-cream
- 02..45 pm** Asi o togiga (Takitaki ne Malie mo Elika Pepeuga) Tino e Sala e mako ana tuagane
- ❖ Togiga Tagata – Hulu holoholo valevale kae sose lava io me faii
 - ❖ Togiga Fafine – Sose lava holoholo io me pulepule
 - ❖ Tino e sala tena sala tena loa e fai atu ne Malie
- 03.15 pm** Kamata fatele tukutahi kae unu i feitu Lolua mo Haumaefa Taki toko lima
- 04. 15 pm** Failauga – Laulau kai o fatele (Takitaki ne Fili Homasi)
- 04. 30 pm** Oti faigamea

Tino fia noho faitala uhuuhu pehe e avanoa loa te fale